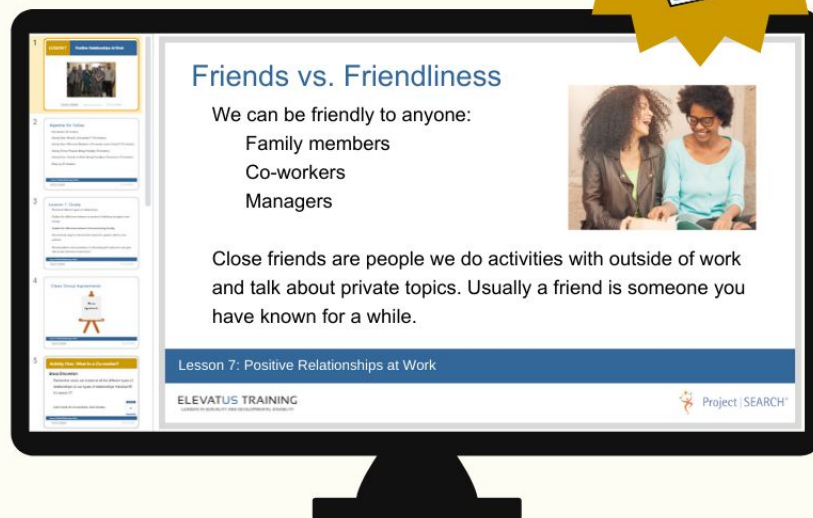


Slide Deck Sample

A sampling of slides from the 12 lessons
Building Healthy Relationships curriculum slide deck.

Slide Deck

For use with the Curriculum:
*Building Healthy
Relationships at Work*



ELEVATUS TRAINING

LEADERS IN SEXUALITY AND DEVELOPMENTAL DISABILITY

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LESSON 4

PUBLIC & PRIVATE



Agenda for Today

Welcome, Name Tags and Group Agreements (10 minutes)

Activity One: Greetings Exercise (15 minutes)

Activity Two: Public and Private (30 minutes)

Activity Three: Practicing What is Ok? (15 minutes)

Wrap Up (5 minutes)

Activity One: Greeting One Role Play

Two people walk towards one another, make brief eye contact, and move on.

What kind of relationship do these two people have?

How can you tell?

Video Clip



<https://www.elevatustraining.com/healthy-boundaries/>



Wrap-Up

Why is it important for us to know the difference between a coworker, relationship and a friend?

Why is it important to know the difference between public and private?

How does that help us?

See you next time!

LESSON 7

Positive Relationships At Work



Agenda for Today

Introduction (5 minutes)

Activity One: What Is a Co-worker? (15 minutes)

Activity Two: Difference Between a Co-worker and a Friend? (10 minutes)

Activity Three: Practice Being Friendly (15 minutes)

Activity Four: Friends at Work, Being Friendly to Customers (10 minutes)

Wrap Up (5 minutes)

Lesson 7: Positive Relationships at Work

Friends vs. Friendliness

We can be friendly to anyone:

Family members

Friends

Co-workers

Interns



Close friends are people we do activities with outside of work and talk to about private topics. Usually a friend is someone you have known for a while.



Wrap-Up

Let's review the main points of the lesson.

What did you learn about co-worker relationships?

What is the difference between being friendly and being friends?

What is one thing you learned about having friendly conversations?

See you next time where we will talk about friends and friendships!

LESSON 11

Healthy Boundaries at Work



Agenda for Today

Welcome & Group Agreements (5 minutes)

Activity One: What is Sexual Harassment (25 minutes)

Activity Two: Speaking Up When Someone Crosses the Line (25 minutes)

Wrap Up (5 minutes)

Lesson 11: Healthy Boundaries at Work

Activity One: What is Sexual Harassment?

Having good work boundaries means you don't bother others and you speak up when someone is bothering you.

Sometimes it can feel unsafe or uncomfortable to speak up. Not speaking up does not mean you are OK with things being done or said to you.

Have you heard the term “sexual harassment” before?



Wrap-Up

Let's go around and everyone will have a turn to share.

What is one thing you want to remember about healthy boundaries at work?

If anyone has experienced, or is currently experiencing, sexual harassment, please let someone know so we can help you feel safer at work. No one has the right to make you feel uncomfortable or unsafe.



If you have questions or need additional information about the Curriculum Slide Deck, please email us at support@elevatustraining.com or call (603) 399-5777.