

Moving From Friend to Partner, Sweetheart, Boy/Girlfriend

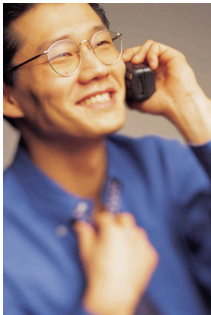
Step 1: Feeling interested.

Can a potential girlfriend/boyfriend be....



- ☞ Someone of the same gender?
- ☞ Someone already in a relationship?
- ☞ Someone who has said she/he is not interested?
- ☞ A paid support person?
- ☞ Someone under 18?

Step 2: Getting to know someone.



- ☞ Flirting – what is flirting?
- ☞ Talking on the telephone.
- ☞ Ask him/her to join you at a group activity.
- ☞ Ask him/her out on a date.

Step 3: Becoming a couple

What you may need to talk about.



- ☞ Are you only dating each other?
- ☞ What sexual behaviors are okay and not okay?
- ☞ How will you spend time together and apart?

What else do you have to talk about?

Sexuality and Developmental Disabilities Workshops
with Katherine McLaughlin

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