

Sexuality and Developmental Disabilities: Becoming a Sexuality Educator

Goals

Define what sexuality means
Explore messages we got growing up about sexuality
Examine what it means to be a good sexuality educator
Practice skills for being an effective sexuality educator
Discuss sexuality content for teaching the topic
Review manual/curriculum
Explore challenges to teaching sexuality and how to overcome the challenges
Discuss working as a team and practice
Practice teaching from the curriculum

Day One

9:00-9:30 Introduction

9:30-10:00 Messages We Received

10:00-10:10 Break

10:10-11:00 Role and Skills to be a Sexuality Educator

11:00-11:10 Break

11:10-12:00 Showing Respect and Managing our Values

12:00-12:45 Lunch

12:45-1:15 Being a Good listener

1:15-1:40 Asking Open Ended Questions

1:40-1:50 Break

1:50-3:00 Types of Questions

3:30-4:30 Answering Questions and Sexuality Information

Day Two

9:00 -9:30 Introduction

9:30-10:00 Review the Curriculum

10:00-10:10 Break

10:10-10:40 Challenges when Teaching

10:40-10:50 Break

10:50-12:00 Planning as a team

12:00-12:45 Lunch

12:45-2:15 Practicing as a team

2:15-2:25 Break

2:25-3:00 Worries and Concerns

3:00-4:00 Returning Home

4:00-4:30 Wrap-up and evaluations

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