We Understand the Challenges of Addressing Sexuality With People With Developmental Disabilities

We offer curriculum, online training and live workshops to help staff, educators, self-advocates, direct support pros and parents confidently navigate the topic of sexuality.

Learn Skills and Gain Confidence Around This Sensitive Topic
Our products empower you with the tools and skills you need to teach the people you care about, work with, or live with, about sexuality.

Discussing Sexuality Doesn't Have To Be Uncomfortable
With more than 20 years of experience, we're confident we can help you overcome the fear and discomfort when discussing sexuality.

CURRICULUM TO TEACH SEXUALITY CLASSES
Sexuality Education for People With Developmental Disabilities
A complete, 350-page curriculum for people who need content and tools to teach sexuality classes.

ONLINE COURSE FOR STAFF/DIRECT SUPPORT PROS
Developmental Disabilities and Sexuality 101
An online course to help staff work 1-on-1 with people with IDD.

LIVE WORKSHOPS/TRAININGS FOR STAFF, SELF-ADVOCATES AND PARENTS
Becoming a Sexuality Educator and Trainer
3-day certificate training on becoming a sexuality educator, and onsite in-services.

ONLINE COURSE FOR PARENTS
Talking With Your Kids: Developmental Disability and Sexuality
An online course for parents to help you bridge the gap.

“...the training modules & curriculum that Katherine has designed set the standard for sexual education for individuals with IDD.

Dr. Robb Weiss, Psy. D., BCBA-D

Company founder, Katherine McLaughlin, M.Ed. is an expert on sexuality and developmental disabilities. She worked as a sexuality educator and trainer for Planned Parenthood of Northern New England for over 20 years. She now leads workshops as a private consultant and also teaches Human Sexuality at Keene State College in NH.

“Katherine is a phenomenal trainer full of energy and knowledge. She is skilled at creating an extremely comfortable environment for people to learn about such an important topic.

Katie Arnold, Community Project Coordinator, Institute on Disability and Human Development, University of Illinois-Chicago