



5. Tell them that they shouldn't give out any **personal** information like where you live or your bank account number or any passwords that belong to you.
6. Mention that sometimes people on line are **not being truthful**. For example, they say they are 18 when they are actually 56.
7. If anything bad happens to you with social media and the Internet, talk to someone that you **trust** so they can help you.
8. Use this format, from *\*Healthy Foundations*, to think about scenarios and how to respond to certain behaviors:
  1. Name the behavior that you see
  2. Find out the meaning behind the behavior
  3. Decide what messages you want to give
  4. Give messages simply
  5. Encourage the person to give you feedback

**Here is a scenario:**

A young man posts pictures of his topless girlfriend in very sexy poses on Facebook.

**Here is a possible response to this scenario:**

1. "I see that you posted pictures of your girlfriend without a shirt on."
2. "Can you tell me why you did that?"
3. Use the eight tips above to think about messages.
4. "You may think she looks great, but these pictures are private and Facebook is public."
5. "Does that make sense?"

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*\*Format in tip #8 Adapted from Healthy Foundations: The Teacher's Book, The Center for Family Life Education, Planned Parenthood of Greater Northern New Jersey, 1993*