

SEXUAL ABUSE ACTIVITY

Here is an activity that will help the people you work with understand what sexual abuse is, how to identify it and protect themselves.

What is sexual abuse?

- When someone touches a person's sexual parts, asks you to touch their sexual parts, or makes you look at his or her sexual parts.
- Some other examples are, Staff asks to take a bath with you or brother wants to lie down naked and watch pornography.
- Especially when they tell you to keep it a secret. A secret is when the person doesn't want you to ever tell anyone else. A surprise is something you are keeping private, but the surprise will come out soon.



What are Private/Sexual Parts?



- The parts that are covered by underwear or a bathing suit. Female is usually vulva and clitoris and breasts, male is usually penis and scrotum. Also called sexual parts.
- The only time it is okay for someone to touch your private sexual parts is when they are helping you bathe (and you need help), when a doctor or nurse is doing an exam to make sure you are healthy, or when you are being sexual with someone and you have both said "YES".

Scenario

You are working for Mr. Simms, who is your neighbor. You are raking leaves outside and he asks you in you some juice. You go inside to have some juice. Mr. Simms asks you to show him your private parts and let him touch them.

What would you do??

- What if he said “I’ll give you a new tape/cd if you let me?”
- What if he said “Ill hurt your parents if you don’t let me”?
- What if he said, “ Okay, you don’t have to, but don’t tell anyone I asked. It’s our little secret”.
- Would you tell?? It’s important to tell because Mr. Simms needs help. You didn’t do anything wrong. And even if you were somewhere you weren’t supposed to be, it’s important to tell. If people don’t believe you, keep telling them and telling or tell someone else, until someone will listen to you.



Katherine McLaughlin, M.Ed. is a national expert and trains individuals, staff, and parents on sexuality and developmental disabilities. She teaches sexuality education to people with developmental disabilities and trains them to be peer sexuality educators. She is the author of an agency and school curriculum, “Sexuality Education for People with Developmental Disabilities.” She has developed two online courses: “Developmental Disability and Sexuality 101” for professionals and “Talking to Your Kids: Developmental Disabilities and Sexuality” for parents. She has spent her career trying to elevate the status of all people, which is why the name of her growing company is [Elevatus Training](http://www.elevatustraining.com).