

# PHOTOS: POSTING ON SOCIAL MEDIA



Posting photos on line can be really fun. You can see what other people are doing on Facebook and Instagram and share photos of you as well.

**REMEMBER** Anything you post on line is considered PUBLIC.

Public photos are: being with friends at a park, visiting your cousins in Virginia, having thanksgiving with your family, and a picture of you and your sweetheart. Posting naked pictures is a private photo.

Remind people that before posting photos or texting words, ask, "Would I want this post/text to end up in the newspaper of the town I live in?"

Some people like to send their sweetheart sexy pictures through texting. You might think this is okay because it is to your sweetheart, but the person could send the photo to others and this could cause a lot of problems for you.

If anything bad happens while on line, talk with someone that you trust to help you sort it out.

*Katherine McLaughlin, M.Ed. is a national expert and trains individuals, staff, and parents on sexuality and developmental disabilities. She teaches sexuality education to people with developmental disabilities and trains them to be peer sexuality educators. She is the author of an agency and school curriculum, "Sexuality Education for People with Developmental Disabilities." She has developed two online courses: "Developmental Disability and Sexuality 101" for professionals and "Talking to Your Kids: Developmental Disabilities and Sexuality" for parents. She has spent her career trying to elevate the status of all people, which is why the name of her growing company is [Elevatus Training](http://www.elevatustraining.com).*