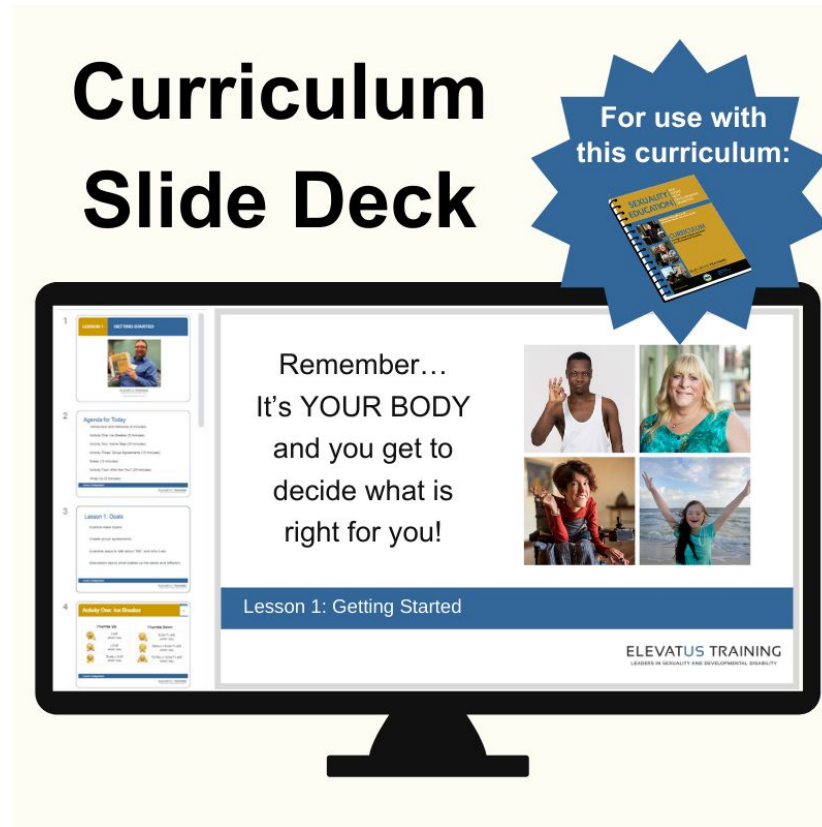


Slide Deck Sample

A sampling of slides from the 22 lesson curriculum slide deck.



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LESSON 4

PUBLIC & PRIVATE



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Agenda for Today

Welcome, Name Tags and Group Agreements (10 minutes)

Activity One: Greetings Exercise (15 minutes)

Activity Two: Public and Private (30 minutes)

Break (15 minutes)

Activity Three: Practicing What is Ok? (15 minutes)

Wrap Up (5 minutes)

Activity One: Greeting One Role Play

Two people walk towards one another, make brief eye contact, and move on.

What kind of relationship do these two people have?

How can you tell?

Video Clip



<https://www.elevatustraining.com/healthy-boundaries/>

LESSON 8

MOVING FROM FRIEND TO PARTNER/SWEETHEART



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Agenda for Today

Welcome, Name Tags and Group Agreements (10 minutes)

Activity One: More Than Friends (30 minutes)

Break (15 minutes)

Activity Two: Meeting A Partner (20 minutes)

Wrap Up (5 minutes)

Remember...

It's YOUR BODY

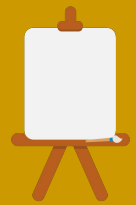
and you get to

decide what is

right for you!



Activity One: More Than Friends



Group Discussion:

What makes us attracted to someone?

Which of these answers could happen in a friendship?

Which ones are just for partners?





Wrap-Up

In these role plays, one person had to deal with rejection.

How does it feel to be rejected?

What can you do if you are rejected?

How could you gain, or regain, your confidence?

What are ways to respond respectfully when rejected?

See you next time!

LESSON 13

BODY PARTS



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Agenda for Today

Welcome, Name Tags and Group Agreements (10 minutes)

Activity One: Build a Body (30 minutes)

Break (15 minutes)

Activity Two: How Our Bodies Work (30 minutes)

Wrap Up (5 minutes)

Activity Two: How Our Bodies Work

When we talk about bodies, it is helpful to start with all the changes that happen to us during puberty.

Group Discussion Question:

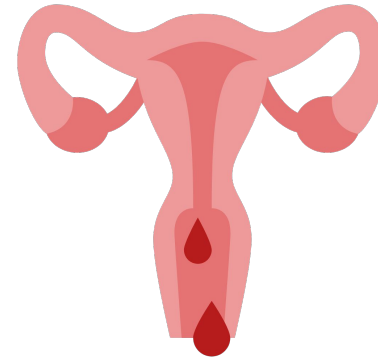
Can someone tell everyone what puberty means?

Menstruation

Begins ages 9-15 years old.

Ends between ages 45-55 years old.

Group Discussion Question:



What are some of the words you have for menstruation?

Sometimes people wonder how twins are made. Does anyone know any twins?

What questions do you have about the body with female sexual parts?



If you have questions or need additional information about the Curriculum Slide Deck, please email us at support@elevatustraining.com or call (603) 399-5777.