

## Testimonials

*"As a part of this group I have gained satisfaction. A feeling I am doing my part to raise awareness of the need for further education on the topic as it relates to special needs individuals. I remember listening to the NPR report as it was played, knowing that I could/ should use my voice to stop the statistics from growing. In my opinion, the strongest aspect of this program is that people are brought together and then given factual information and lived experiences from individuals with ID/ DD. Fishbowls appear to be a powerful tool in aiding the reason for the education, and developing empathy for the cause."*



**Lisa Tippit**

Self-Advocate from Michigan

*"It has been a true honor, and pleasure to work with Katherine McLaughlin from Elevatus Training. She engaged with self-advocates, included them in the training process and development of the curriculum. She seeks out input and feedback about what works and what doesn't to improve training and teaching in various settings. The information provided to individuals, families, and communities is invaluable. People with disabilities have a right to safe and healthy sexual relationships if they choose to have one. The activities and information provided give them an opportunity to make informed choices about the types of relationships, their sexual health, resources, and often for the first time, they speak up about this topic. It is truly something special, to be able to provide such empowering educational tools."*



**Bonnie González**

Michigan Developmental Disabilities Council Chairperson  
Michigan Sexuality Education Team Trainer,  
Certified Peer Mentor, and Self-Advocate

*"It is so empowering to be able to reach out to your own community and inform."*



**Frank Vaca**

Self-Advocate & Michigan Central Team Sexuality Educator

## A Conversation with Self-Advocates

Watch this short video clip where Katherine McLaughlin, Elevatus Training Founder, CEO & Lead Trainer, interviews Frank Vaca and Bonnie González about their experiences and the benefits of the training. Link to video:

<https://www.elevatustraining.com/team-training/>


## References Available Upon Request

If you are interested in speaking with someone about their experience with the "Teams of Self-Advocates and Professionals to Become Educators: Leading Sexuality and Relationship Classes for People with Intellectual and Developmental Disabilities" please contact us.

## Next Steps

This can be achieved in your state. Contact Katherine McLaughlin at Elevatus Training to discuss your needs and answer any questions you may have.

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