

## Imagine a World Where

Everyone, including people with intellectual/ developmental disabilities, have positive, satisfying, and healthy relationships.

Sexuality education is more accessible.

Self-advocates are co-leading sexuality education classes with professionals.

There is improved sexual health and fewer cases of abuse.

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## Challenges

Most people with I/DD have not received adequate sexuality education, yet want and need it, and many states, schools, and organizations are unsure how to implement comprehensive education.

As a result, they are 7 times more likely than the general population to experience abuse reported by the Bureau of Justice Statistics, National Crime Victimization Survey, and the National Core Indicators survey 2018-2019 reported 43% of people with I/DD stated they were often or sometimes felt lonely.

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## Solutions

A focus on sexual self-advocacy empowers people with I/DD to make informed decisions about relationships.

Provide medically accurate, age appropriate, and cognitively accessible sexuality education, which reduces the high rates of abuse and loneliness.

Including self-advocates as part of the training teams helps them become part of the solution and models, "nothing about us without us."

States prepared and equipped to address head on the often sensitive topic of sexuality and relationship health with cutting edge curriculum and training.

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There is a significant need for people with I/DD to get sexuality and relationship education. Elevatus Training is committed to working with states across the country to meet this need including:

- Michigan,
- New York,
- and Arizona

**We are here to assist you to bring this training to your state.**