

Training Title: 3-Day Certificate Training: Becoming a Sexuality Educator and Trainer

Audience: People who work with individuals with I/DD and want to lead sexuality education classes, staff training, or parent workshops.

Number of Training Days: 3

Training Description:

The goal of this training is to train an employee to become a staff/parent trainer and sexuality educator, creating sustainability to provide this education in their agency or school. They will become more confident and comfortable leading sexuality education classes for people with I/DD as well as train staff and parents either one-on-one or in groups, so they can promote the sexual health of individuals with I/DD. Following the training, they will have new knowledge, skills, curriculum and tools to begin as soon as they return to work.

*Participants will receive a certificate of attendance or, if they pass an assessment following the training, a certificate of completion. This certificate does not make them a certified sexuality educator and trainer.

*Approved by the National Association of Social Workers for 17 continuing education contact hours (Approval #886798975-8066). If you are affiliated with another credentialing body, you are welcome to submit your certificate on your own.

Training Objectives:

- Describe how to help people with disabilities become sexual self-advocates.
- Identify our own values and attitudes and how those impact your ability and effectiveness in teaching this topic.
- Explore the qualities of a good sexuality educator and trainer.
- Create elevator speeches to get buy in for implementation.
- Explain what makes it difficult for staff and parents to talk about sexuality with consumers and discuss solutions to those barriers.
- List ways to teach this topic with other agency staff, parents, and people with disabilities.
- Demonstrate effective training techniques to use with staff, parents, and people with disabilities.

Training Agenda:

Day One: 9:00-4:30pm

Introduction/Warm-up
What is Sexuality?
Messages about Sexuality
Sexual Development and Disability
Gender Identity and Disability
Values and Attitudes
Working One-on-One
Answering Questions and Responding to Behaviors
Closure

Day Two: 9:00-4:30pm

Introduction/Warm-up
Working with Parents/Guardians
What Makes a Good Sexuality Educator and Trainer
Creating a Safe Environment
Presenting Skills, Face-to-Face and Online Teaching
Getting Buy-In for Implementation
Staff-Mentoring/Training Curriculum
Parent Curriculum
Sexuality Education Curriculum Overview
Closure

Day Three: 9:00-3:30pm

Introduction/Warm-up
Leading Sexuality Education Series
Challenges in the Classroom
Work time
Small Group Presentations/Feedback
Returning Home
Closure

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| <p>Tuition:</p> <p>Tuition includes:</p> <p>Full access to 3 days of live, online training.</p> <p>3 Curriculum: Shipping included, mailed 10 days before the training</p> <p style="padding-left: 40px;">A coil bound copy of Sexuality Education for People with Developmental Disabilities to lead sexuality education classes (a \$299 value). If you already own a copy, your tuition is discounted. Bring it with you and pay \$845 for the training.</p> <p style="padding-left: 40px;">A coil bound copy of our Staff Training Curriculum: Facilitator Guide, to train staff on how to talk one on one with people with developmental disabilities. (a \$125 value) with script and handouts.</p> <p style="padding-left: 40px;">A coil bound copy of our Parent Workshop Curriculum: How to Lead Talking with Your Kids About Sexuality Workshops, to lead parent workshops on how to address sexuality with your own children. (a \$75 value) with script and handouts</p> <p>Slide Deck to accompany the 22 lesson Sexuality Education for People with Developmental Disabilities Curriculum. (a \$175 value)</p> <p>PDF of the 3 Day Training PowerPoint.</p> <p>Link to an EXTENSIVE Google folder with resources, PowerPoints, articles, Handouts, Teaching Tools, and much more.</p> <p>Certificate of completion, if you pass an assessment.</p> <p>Networking opportunity with others in the cohort, from all over the country to share resources and ongoing support</p> <p>17 CE contact hours for Social Workers.</p> <p>Email access to facilitator for follow up questions.</p> | <p>\$1095 per attendee</p> |
| <p>Option: If you already own a copy of the curriculum, <i>Sexuality Education for People with Developmental Disabilities</i>, tuition is \$845 (Either way, you will need a copy of this curriculum for the training).</p> | |
| <p>Value of Investment:</p> <p>Of the \$1095 in tuition, if you break it down, \$674 of the tuition is for 3 curriculum and a slide deck, leaving \$421 for 3 days of live, small group training. We aim to keep the price of the training as reasonable as we can, taking into account our mission to empower as many people as we can with this information.</p> | |

If you want to explore our full website description for this training visit:

<https://www.elevatustraining.com/developmental-disabilities-and-sexuality-becoming-a-sexuality-educator-and-trainer/>

About The Trainer

Katherine McLaughlin, Founder, CEO, Lead Trainer, M.Ed., AASECT certified, has been an expert in the field of sexuality and developmental disabilities for over 25 years. She teaches sexuality education to people with DD/ID as well as trains them to be peer sexuality educators themselves. Katherine is the author of an agency and school curriculum: Sexuality Education for People with Developmental Disabilities, and has developed two online courses; one to train professionals, Developmental Disability and Sexuality 101, and one for parents: Talking to Your Kids: Developmental Disabilities and Sexuality.

For questions, please contact:

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