

**Title:** Developmental Disabilities and Sexuality 101

**Ideal Number of Participants:** 40-60, but can be flexible

**Audience:** Professionals, Parents/Guardians

**Number of Training Days:** 1, in person or online

**Training Description:** People with developmental disabilities are often left out of the conversation about sexuality, almost as if they are incapable of having thoughts, feelings, and needs. In reality, they, too, are sexual beings that need information and skills for making healthy decisions about sexuality. As someone who works with people with developmental disabilities, you may be the most likely person to discuss sexuality with them, or someone with a developmental disability may approach you with questions about sexuality. This workshop will help you become more comfortable talking about this sensitive topic by discussing what needs to be taught when and how to help people with developmental disabilities have safe and satisfying relationships.

Learning Objectives:

- Gain knowledge about sexuality and specific issues for people with developmental disabilities
- Explore our own values and attitudes regarding sexuality and people with developmental disabilities
- Explore ways to communicate about sexuality with people with developmental disabilities and their parents/guardians.

**Agenda:**

Introduction/warm-up  
What is sexuality?  
Messages about Sexuality  
Sexual Development and Disability  
Gender Identity and Disability  
Values and Attitudes  
Answering Questions  
Responding to Behaviors  
Working with Parents/Guardians  
Wrap-up and Evaluation

**Budget:**

<b>Fee</b>	\$2500
<b>Travel Expenses</b> Flight, lodging, mileage, meals, etc. to be paid by customer.  To the extent possible, our preference is that the customer make the flight and lodging arrangements. Elevatus Training will provide all the information you need to make these arrangements.  Elevatus Training will provide receipts to be reimbursed by the customer for mileage, meals, bag fees, ground transportation, parking, etc.	Approximately \$1,500
<b>Materials &amp; Handouts</b>  Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for printing to distribute at the in-service training.  If in-person, customer will provide an easel with easel paper, markers, projector/projector screen, two-pocket folders for participants. Elevatus Training will bring a laptop computer.	