

**Title:** Teaching Students and Adults with Developmental Disabilities about Healthy Sexuality

**Ideal Number of Participants:** 15-25, but flexible.

**Audience:** Professionals with sexuality education experience, but not developmental disability teaching experience

**Number of Training Days:** 1 day, but can be done as 3 online sessions each 2 hours

**Description:** ONLINE training (via video conference)

People with developmental disabilities are sexual beings just like anyone else, but often don't have access to age appropriate, medical accurate sexuality education. They are also at risk for unplanned pregnancy, sexually transmitted infections, being abused, and experiencing loneliness at a much higher rate than the general population. In this live, online workshop, we will explore specific issues that people with developmental disabilities face and learn practical tools and skills for teaching this population about healthy sexuality.

Learning Objectives:

- Explain the specific issues people with developmental disabilities face regarding sexuality, disability history and culture.
- Explore what topics need to be covered, effective skills and tools for teaching this population, and ways to adapt lessons to meet various learning needs.
- Identify respectful and preferred language to use when educating people with developmental disabilities.
- Explain best practices for teaching sexuality to people with developmental disabilities.
- Explain ways to work with parents of young and grown children with developmental disabilities

This agenda is for a full day training, but can be presented online in three different sessions

**Agenda: Session One**

Messages People with Disabilities Receive  
Sexual Development: What is the same and different?  
Disability History, Culture, and our Values

**Agenda: Session Two**

Essential and Effective Skills and Tools for Teaching  
Answering Questions/Responding to Behaviors  
Trauma Informed Sexuality Education

**Agenda: Session Three**

Adapting lessons  
Challenges in the classroom  
Working with parents and guardians

**Budget:**

<b>Fee</b> (Available, live online only):	\$2,500
<b>Materials &amp; Handouts</b>  Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for electronically distributing the handouts to participants at the in-service training.	