

Title: Becoming a Sexuality Educator for Teams

Ideal Number of Teams: 8-20

Audience: For teams of self-advocates and staff/professionals

Number of Training Days: 2

Description:

Join us for a 2-day training for teams of self-advocates and professionals who want to learn how to lead sexuality education classes for people with developmental disabilities. This training can also be presented to just professionals and not the teams depending on what you are looking for. We will discuss what makes a good sexuality educator and learn skills and tools for leading sexuality education classes. Your team/participants will also receive a copy of the 22-lesson sexuality education curriculum titled, *Sexuality Education for People with Developmental Disabilities*, that includes teaching tools and handouts. This training plus the curriculum will give you everything you need to get started teaching classes.

Following the training, participants will have the skills and a curriculum to lead: Sexuality education classes for people with intellectual and developmental disabilities

Learning Objectives:

- Define what sexuality means
- Explore messages we got growing up about sexuality
- Examine what it means to be a good sexuality educator
- Practice skills for being an effective sexuality educator
- Discuss sexuality content for teaching the topic
- Review manual/curriculum
- Explore challenges to teaching sexuality and how to overcome the challenges
- Discuss working as a team and practice
- Practice teaching from the curriculum

Agenda:

Day One

9:00-9:30 Introduction
9:30-10:00 Messages We Received
10:00-10:10 Break
10:10-11:00 Role and Skills to be a Sexuality Educator
11:00-11:10 Break
11:10-12:00 Showing Respect and Managing our Values
12:00-12:45 Lunch
12:45-1:15 Being a Good listener
1:15-1:40 Asking Open Ended Questions
1:40-1:50 Break
1:50-3:00 Types of Questions
3:30-4:30 Answering Questions and Sexuality Information

Day Two

9:00 -9:30 Introduction
9:30-10:00 Review the Curriculum
10:00-10:10 Break
10:10-10:40 Challenges when Teaching
10:40-10:50 Break
10:50-12:00 Planning as a team
12:00-12:45 Lunch
12:45-2:15 Practicing as a team
2:15-2:25 Break
2:25-3:00 Worries and Concerns
3:00-4:00 Returning Home
4:00-4:30 Wrap-up and evaluations

Budget:

Fee	\$5,000
Travel Expenses Flight, lodging, mileage, meals, etc. to be paid by customer. To the extent possible, our preference is that the customer make the flight and lodging arrangements. Elevatus Training will provide all the information you need to make these arrangements. Elevatus Training will provide receipts to be reimbursed by the customer for mileage, meals, bag fees, ground transportation, parking, etc.	\$1,500
Curriculum The cost per copy of <i>Sexuality Education for People with Developmental Disabilities</i> curriculum is \$250 (usually \$299). Multiply the number of participants x \$250, this will give you the cost to purchase one curriculum per participant. Shipping Customer can estimate approximately \$30/per box of 5 curriculum for us to ship. (for example, 10 curriculum, estimate \$60) Slide Deck Optional Slide Deck to accompany the curriculum. Cost per deck \$150/each (usually \$175) Communication Supports Optional set of Communication Supports: Boards and Cards to accompany the curriculum. The communication support cost per set is \$195/each (usually \$225). Plus shipping	depends on number of participants
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for printing to distribute at the in-service training. Customer will provide an easel with easel paper, markers, projector/projector screen, two-pocket folders for participants. Elevatus Training will bring a laptop computer.	