

Title: Becoming a Sexuality Educator: How to Lead Sexuality Education Classes

Ideal Number of Participants: 25, flexible

Audience: Staff at agencies or schools

Number of Training Days: 2

Description:

When it comes to talking about sexuality, students with developmental disabilities are often excluded, almost as if they are incapable of having sexual thoughts, feelings and needs. In reality, they too are sexual beings who need the information and skills for making healthy decisions about sexuality. They are also at risk of unplanned pregnancies, sexually transmitted infections, and sexual abuse and need the tools to stay safe in their relationships.

This training will provide the information and skills on how to lead sexuality education classes for students and also, how to address sexuality on a one-on-one basis in your agency or school. *Sexuality Education for People with Developmental Disabilities* curriculum and handouts will be provided for each attendee. The first focuses on participants receiving information on messages, sexual development and disabilities, values and attitudes, answering questions, responding to behaviors, and working with parents. The second day focuses on the qualities of a good sexuality educator, challenges in the classroom, reviewing the 22-lesson curriculum and practice teaching. After completing this training, attendees will leave with all they need to get started.

Learning Objectives

- Define what sexuality means
- Explore messages we got growing up about sexuality
- Examine what it means to be a good sexuality educator
- Practice skills for being an effective sexuality educator
- Review human sexual development and disability
- Review manual/curriculum
- Explore challenges to teaching sexuality and how to overcome the challenges
- Practice teaching from the curriculum

Day One

Introduction

Messages We Received

Human Sexual Development and Disability

Managing our Values

Tips and tools

Answering Questions

Responding to Behaviors

Wrap-up

Day Two

Introduction

Role and Skills to be a Sexuality Educator

Review the Curriculum

Challenges when Teaching

Planning and Practicing Teaching

Worries and Concerns

Returning Home

Wrap-up and evaluation

Budget:

Fee \$2500 x 2 days	\$5,000
Travel Expenses Flight, lodging, mileage, meals, etc. to be paid by customer. To the extent possible, our preference is that the customer make the flight and lodging arrangements. Elevatus Training will provide all the information you need to make these arrangements. Elevatus Training will provide receipts to be reimbursed by the customer for mileage, meals, bag fees, ground transportation, parking, etc.	\$1,500 (estimate)
Curriculum The cost per copy for <i>Sexuality Education for People with Developmental Disabilities</i> curriculum is \$250 (usually \$299). Multiply the number of participants x \$250, this will give you the cost to purchase one curriculum per participant. Shipping Customer can estimate approximately \$30/per box of 5 curriculum for us to ship. (for example, 10 curriculum, estimate \$60). Slide Deck Optional Slide Deck to accompany the curriculum. Cost per deck \$150/each (usually \$175) Communication Supports Optional set of Communication Supports: Boards and Cards to accompany the curriculum. The communication support cost per set is \$195/each (usually \$225). Plus shipping	depends on number of participants
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for printing to distribute at the in-service training. Customer will provide an easel with easel paper, markers, projector/projector screen, two-pocket folders for participants. Elevatus Training will bring a laptop computer.	