

Title: Building Healthy Relationships at Work

Ideal Number of Participants: 40-60, but flexible

Audience: Professionals

Number of Training Days: 60-90 Minutes

Description: People with developmental disabilities are often left out of the conversation about sexuality and relationships, almost as if they are incapable of having thoughts, feelings, and needs. In reality, they, too, are sexual beings that need information and skills for making healthy decisions about sexuality. As someone who works in a competitive integrated employment setting or a worksite, you see the need to address relationships and sexuality on a one on one basis with people with I/DD who are employees. We will explore what are the topics and main points to teach and examine techniques for helping people with I/DD to have healthy work relationships.

Learning Objectives:

- Gain knowledge about relationships and sexuality and specific issues for people with developmental disabilities.
- Explore knowledge and skills for building healthy relationships at work including types of relationships, public and private, and working with coworkers
- Explore ways to communicate about sexuality with people with developmental disabilities.

Agenda:

Introduction
Benefits of Relationship Education
Knowledge and Skills
Types of Relationships
Public and Private
Working with Coworkers
Wrap-Up

Budget:

Fee	\$500
Online Platform Elevatus can provide Zoom, or if you prefer to use your own platform we can use your platform	Included
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for distributing to attendees for the in-service training.	Included