

Title: Break Down the Walls: Support Healthy Sexuality for LGBTQ People with Developmental Disabilities

Ideal Number of Participants: 30

Audience: Professionals, Parents/Guardians

Number of Training Days: 1 day, online only

In-service Training Description: LGBTQ people with intellectual and developmental disabilities have felt invisible during sexuality education classes or when someone is supporting them around the topic of sexuality. They want and need access to support and sexuality education that acknowledges and appreciates their whole selves. Speaking from personal experiences, the presenters will delve deep into issues and barriers that impact LGBTQ people with intellectual and developmental disabilities and focus on knowledge and supports that are affirming and liberating to the LGBTQ community. Topics will include human rights, dating, body image, and sexual acts.

This ONLINE training (via video conference) is designed for professionals, or teachers, to better support the LGBTQ people with intellectual and developmental disabilities they work with, or teach, either in a one on one or class setting.

Learning Objectives:

- Reflect on the stories of LGBTQ individuals with intellectual and developmental disabilities to better offer support
- Explain LGBTQ terms and concepts in accessible language
- Provide sexuality education that supports relationships and sexual health for LGBTQ individuals with intellectual and developmental disabilities (including dating while LGBTQ, gender transition and sex, non-heterosexual sex, etc.)
- Answer questions related to LGBTQ sex and sexuality
- Respond to difficult situations to support of the rights of LGBTQ people with intellectual and developmental disabilities

Agenda:

Welcome and Introduction
Terms and Language
Myths and Expression
Panel Presentation
Lunch
Supporting Human Rights
Sexuality Education
Challenges
Inclusive Curriculum
Coming Out and Meeting People
Sex acts and Trans sex
Answering Questions
Wrap-Up and Evaluations

Budget:

Fee (Available, live online only)	\$2500
Self-Advocate Panel	\$400
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for distributing to attendees for the in-service training.	Included