

Title: Developmental Disabilities and Sexuality 202

Ideal Number of Participants: 40-60, but can be flexible

Audience: Professionals, Parents/Guardians

Number of Training Days: 1, in person or online

Training Description: This in-service builds on the Developmental Disabilities 101 by giving concrete information on what knowledge and skills are necessary for people to become sexually healthy. We will explore what are the topics to teach individuals with I/DD such as sexual self advocacy, types of relationships, public and private, communication and relationships skills, consent and sexual health. We will also explore techniques for having positive relationships discussions that are trauma informed and effective.

Learning Objectives:

- Examine the knowledge and skills needed to be a sexually healthy person
- Explore the main points and concepts to discuss with people with I/DD
- Demonstrate techniques for having productive one on one conversations that promote sexual health

Agenda:

Introduction
What is Sexual health?
Sexual Self Advocacy
Main Points to teach
Sexual Health Topics
Types of Relationships
Public and Private
Communication and Decision Making
Sexual Feelings and Choices
Consent and Sexual Health
Wrap-Up

Budget:

Fee	\$2,500
Travel Expenses Flight, lodging, mileage, meals, etc. to be paid by customer. To the extent possible, our preference is that the customer make the flight and lodging arrangements. Elevatus Training will provide all the information you need to make these arrangements. Elevatus Training will provide receipts to be reimbursed by the customer for mileage, meals, bag fees, ground transportation, parking, etc.	Approximately \$1,500
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for printing to distribute at the in-service training. If in-person, customer will provide an easel with easel paper, markers, projector/projector screen, two-pocket folders for participants. Elevatus Training will bring a laptop computer.	