

**Title:** Moving from Friend to Sweetheart in the Age of Technology

**Ideal Number of Participants:** 40-60, but flexible

**Audience:** Professionals, Parents/Guardians

**Number of Training Days:** 60-90 Minutes

**Description:** People with developmental disabilities want to form positive, healthy relationships, but may not know how to meet others and develop these relationships. When we add the latest technology and social media, we may feel nervous or unsure about how to stay safe ourselves and how to support people with disabilities. This workshop will explore how to navigate the internet and social media in a helpful, safe, and positive way.

Learning Objectives:

- Examine the various types of technology and the positives and negatives of using technology.
- Explore how to help people move from friend to partner in a helpful, healthy, and safe way.
- Discuss ways to communicate about the pleasures and risks of meeting people online, posting on social media, and how to have positive, safe relationships while using technology.

**Agenda:**

Introduction

Positives and Negatives

Steps to Finding a Partner

Being safe online

Wrap-Up

**Budget:**

<b>Fee</b>	\$500
<b>Online Platform</b> Elevatus can provide Zoom, or if you prefer to use your own platform we can use your platform	Included
<b>Materials &amp; Handouts</b> Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for distributing to attendees for the in-service training.	Included