

**Title:** Getting and Giving Consent: For People with Disabilities

**Ideal Number of Participants:** 15-25

**Audience:** Self-Advocates

**Number of Training Days:** 60-90 Minutes

**Description:** How do we know that someone wants to do something with us? How do we make sure we are clear about what we want? Whether it is being in a person's company or being sexual with another person, it takes the two of us to clearly communicate and to listen to the response. In this workshop, we will explore what consent means, how to give it, and how to get it.

Learning Objectives:

- Define consent
- Explore how to give and get consent
- Examine how to manage our feelings when we don't get consent

**Agenda:**

Introduction  
Define consent  
How to give and get consent  
Saying no, accepting a no  
Manage our feelings  
Wrap-Up

**Budget:**

<b>Fee</b>	\$500
<b>Online Platform</b> Elevatus can provide Zoom, or if you prefer to use your own platform we can use your platform	Included
<b>Materials &amp; Handouts</b> Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for distributing to attendees for the in-service training.	Included