

Title: Preventing Abuse: Helping Self-Advocates Become Sexual Self-Advocates

Ideal Number of Participants: 40-60, but flexible

Audience: Professionals, Parents/Guardians

Number of Training Days: 60-90 Minutes

Description: We know the rate of sexual abuse among people with I/DD is very high, 7 times higher than the general population. One way to help prevent abuse, and support healthy, satisfying relationships is with sexuality education that teaches self-advocates to become sexual self-advocates. In this workshop, we will explore the latest statistics regarding abuse and learn useful tips and tools for helping people become sexual self-advocates. We will discuss topics to include when working with self-advocates, such as: body parts and body autonomy, skills for saying no, and the difference between a healthy, unhealthy, and abusive relationship.

Learning Objectives:

- Explore how sexual self-advocacy reduces sexual abuse
- Examine the knowledge and skills needed to prevent abuse, while supporting healthy relationships
- Review ways to teach these knowledge and skills to people with I/DD

Agenda:

Introduction

Sexual Self Advocacy

Body Parts and Autonomy

Communication Skills

Healthy/Unhealthy/Abusive Relationships

Wrap-up

Budget:

Fee	\$500
Online Platform Elevatus can provide Zoom, or if you prefer to use your own platform we can use your platform	Included
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for distributing to attendees for the in-service training.	Included