

Title: Teaching Healthy Boundaries and Relationships

Ideal Number of Participants: 40-60, but flexible

Audience: Professionals

Number of Training Days: 60-90 Minutes

Description: Healthy relationship boundaries are an important skill for us all. We are seeing more and more examples in our culture of those who have crossed lines. Even though people with intellectual and developmental disabilities are sexual beings, just like everyone, they also need the information and skills to navigate these waters and learn what's okay and not okay in various settings. This webinar will explore tips and tools for addressing sexuality one-on-one with the individuals you work with. We will explore why this topic can be difficult to approach and useful tools that will help you become more comfortable and confident and communicate about this sensitive topic.

Learning Objectives:

- Discuss the benefits of providing sexuality education
- Explore messages people with I/DD receive about sexuality
- Examine activities to teach healthy boundaries including different types of relationships, public v. private, moving from friend to partner, body language, communication, and speaking up

Agenda:

Introduction

Benefits of Sexuality Education

Types of Relationships

Public and Private

Moving from Friend to Partner

Communication Skills

Wrap-Up

Budget:

Fee	\$500
Online Platform Elevatus can provide Zoom, or if you prefer to use your own platform we can use your platform	Included
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra costs. Customer will be responsible for distributing to attendees for the in-service training.	Included