

# HOW TO HAVE A PLEASURABLE AND SAFE SEXUAL RELATIONSHIP

### What is needed is:



- ▶ To know about sex and pleasure
- ▶ To know the risks of sex and ways to be safe
- ▶ To know how to be responsible with sex
- ▶ To know how to make good decisions
- ▶ To be able to communicate well

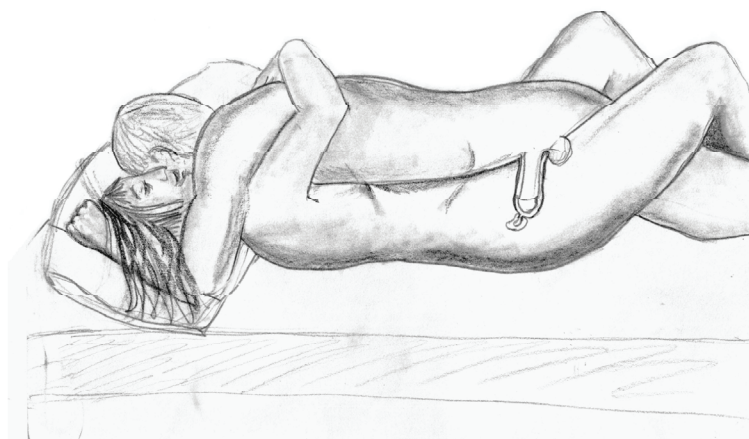
### Some Sexual Acts



- ▶ Kissing
- ▶ Deep kissing
- ▶ Touching your partners body
- ▶ Letting your partner touch your body
- ▶ Touching your partner above the waist, or on the breasts.
- ▶ Letting your partner touch you above the waist or on the breasts.
- ▶ Touching someone else's sexual parts.
- ▶ Letting your partner touch your sexual parts.



## HANDOUT #47 (page 2)



- ▶ Putting your mouth on your partners sexual parts.
- ▶ Letting someone put his/ her mouth on your sexual parts.
- ▶ Penis in vagina sexual intercourse.
- ▶ Penis in anus sexual intercourse.

### Risk of pregnancy

Penis in vagina sexual intercourse.

**How can someone reduce their risk of getting pregnant, if they have decided to have vaginal intercourse?**

Use birth control.



### TAKE CARE DOWN THERE

#### Risk of STIs

- ▶ Putting your mouth on your partner's sexual parts.
- ▶ Letting someone put his/her mouth on your sexual parts.
- ▶ Penis in vagina sexual intercourse.
- ▶ Penis in anus sexual intercourse.



#### How can someone reduce their risk of getting sexually transmitted infections?



Use protection-condom, female condom, dental dam.

Both people get tested and don't have sex with anyone else.

#### How do you know for sure?

**Do people cheat on each other and have sex with other people?**