

WHAT DO I NEED TO LEARN?

I know...	Yes	Some	No
about body parts, how they work, and how to take care of them.			
that sexual feelings are healthy and normal.			
the choices I have about what to do with my sexual feelings.			
about sexual pleasure and orgasm.			
the different sexual behaviors and how I feel about them.			
which behaviors could cause a pregnancy or getting a sexually transmitted infection.			
how to be responsible with sex.			
how to reduce my risk of getting pregnant and STIs.			

I know...	Yes	Some	No
what consent is, how to say yes and no, and how to accept a no.			
how to make decisions about sex and sexuality.			
how to communicate about sexuality and relationships.			
what my sexual orientation and gender identity are and embrace them.			
I am sexual and deserve information about sexuality.			
I have the right to ask questions about sexuality.			
my sexual and reproductive rights.			