

**Title:** Becoming a Sexuality Educator for Teams (A Professional and a Self-Advocate) Using Sexuality Education for People with Developmental Disabilities Curriculum

**Ideal Number of Teams:** 8-20

**Audience:** For teams of self-advocates and staff/professionals

**Number of Training Days:** 2 days, in-person or online

**Training Description:**

Join us for a 2-day training for teams of self-advocates and professionals who want to learn how to lead sexuality education classes for people with developmental disabilities. This training can also be presented to just professionals and not the teams depending on what you are looking for. We will discuss what makes a good sexuality educator and learn skills and tools for leading sexuality education classes. Your team/participants will also receive a copy of the 22-lesson sexuality education curriculum titled *Sexuality Education for People with Developmental Disabilities*, which includes teaching tools and handouts. This training plus the curriculum will give you everything you need to get started teaching classes. Following the training, participants will have the skills and a curriculum to lead: Sexuality education classes for people with intellectual and developmental disabilities.

## **Learning Objectives:**

- Define what sexuality means
- Explore messages we got growing up about sexuality
- Examine what it means to be a good sexuality educator
- Practice skills for being an effective sexuality educator
- Discuss sexuality content for teaching the topic
- Review manual/curriculum
- Explore challenges to teaching sexuality and how to overcome the challenges
- Discuss working as a team and practice
- Practice teaching from the curriculum

## **Agenda:**

### **Day One**

9:00-9:30 Introduction

9:30-10:00 Messages We Received

10:00-10:10 Break

10:10-11:00 Role and Skills to be a Sexuality Educator

11:00-11:10 Break

11:10-12:00 Showing Respect and Managing Our Values

12:00-12:45 Lunch

12:45-1:15 Being a Good Listener

1:15-1:40 Asking Open Ended Questions

1:40-1:50 Break

1:50-3:00 Types of Questions

3:30-4:30 Answering Questions and Sexuality Information

## **Day Two**

9:00 -9:30 Introduction

9:30-10:00 Review the Curriculum

10:00-10:10 Break

10:10-10:40 Challenges When Teaching

10:40-10:50 Break

10:50-12:00 Planning as a Team

12:00-12:45 Lunch

12:45-2:15 Practicing as a Team

2:15-2:25 Break

2:25-3:00 Worries and Concerns

3:00-4:00 Returning Home

4:00-4:30 Wrap-up and Evaluations

**Budget:**

<b>Fee for in-person:</b> \$3,000/day	\$6,000
<b>Fee for online:</b> \$2,000/day	\$4,000
<b>Travel Expenses</b>  The customer will pay for flight, lodging, mileage, meals, etc..  We prefer that the customer make the flight and lodging arrangements to the extent possible. Elevatus Training will provide all the information you need to make these arrangements.  Elevatus Training will provide receipts for mileage, meals, bag fees, ground transportation, parking, etc., which the customer can then reimburse.	\$1,500  (estimate)
<b>Curriculum</b>  The cost per copy of <i>Sexuality Education for People with Developmental Disabilities</i> curriculum is \$250 (usually \$299). Multiply the number of participants x \$250. This will give you the cost to purchase one curriculum per participant.	Depends on number of participants

<p><b>Shipping</b></p> <p>The customer can estimate approximately \$30/per box of 5 curricula for us to ship. (For example, 10 curriculum, estimate \$60)</p> <p><b>Slide Deck</b></p> <p>Optional Slide Deck to accompany the curriculum. The cost per deck is \$150/each (usually \$175)</p> <p><b>Communication Supports</b></p> <p>Optional set of Communication Supports: Boards and Cards to accompany the curriculum. The communication support cost per set is \$195/each (usually \$225). Plus shipping</p>	
<p><b>Materials &amp; Handouts</b></p> <p>Electronic copies of in-service training handouts will be provided at no extra cost. The customer is responsible for printing and distributing them at the in-service training.</p> <p>The customer will provide an easel with easel paper, markers, projector/projector screen, and two-pocket folders for participants. Elevatus Training will bring a laptop computer.</p>	