

Title: Talking with Your Kids About Sexuality: A Workshop for Parents and Guardians

Ideal Number of Participants: 40-60, but flexible

Audience: Professionals, Parents/Guardians

Number of Training Days: 60-90 Minutes

Description: Talking with our young and grown children about sexuality can be a difficult task. As parents and guardians, we often worry whether talking about it gives permission and whether they can be safe from harm when they are in relationships. This workshop will help you become more comfortable discussing this topic by covering what topics to cover, when, and the most effective ways to talk about this sensitive topic.

Learning Objectives:

- Examine barriers to talking about sexuality.
- Gain knowledge about sexuality and developmental disabilities.
- Acquire and practice skills in communicating about sexuality with our young and grown children.

Agenda:

Introduction

What is Sexual Health?

Barriers to Communicating

Sexual Development

Topic to Cover

Tips for Talking

Practice

Wrap-up

Budget:

Fee	\$500
Online Platform Elevatus can provide Zoom, or if you prefer to use your own platform, we can use your platform.	Included
Materials & Handouts Electronic copies of in-service training handouts will be provided at no extra cost. The customer will be responsible for distributing to attendees for the in-service training.	Included